

## **Marine First Aid Training (ISAF YA Accredited) - \$310**

### **1 day course (8:00am – 6:30pm)**

By completing this Marine First Aid course, you will have a sound understanding of how to provide First Aid in the event of an emergency at sea.

This training is WorkCover accredited and meets the requirements of:

- Yachting Australia and RYA and ISAF racing rules of sailing 2013-2016 Special Regulations 4.07.6;
- Australian State Maritime Training requirements for coxswain, master class 5 and complies with Australian National Training Authority (ANTA) TDM MF 10; and
- STCW 10 paragraph A-VI/1-3.

### **Marine First Aid Course Details**

This is a 1 day face to face course, from 8am to 6.30pm. 10 Students per Marine First Aid course maximum.

### **Marine First Aid Course Requirements**

You will be provided with the support publication “Active First Aid” 8th Edition by Peter Mckie as well as our recommended contents for a Marine First Aid kit.

### **Corporate Training**

If your organisation is interested in having this course delivered to a group of staff at your workplace, please [contact our head office](#) to discuss your options.

### **Who should undertake this Qualification?**

This training is mandatory for racing yachtsmen and highly recommended for all who venture offshore under power or sail.

#### **Racing Yachtsmen**

Yachting Australia and RYA and ISAF racing rules of sailing 2013-2016 Special Regulations 4.07.6 states “At least two members of the crew Cat 1 and one member of the crew Cat 2 shall hold a current Senior First Aid certificate or equivalent, or be a practising medical practitioner. Each of these crew members shall have undertaken the training required by SR 6.01”.

### **Qualifications**

This training is WorkCover accredited and meets the requirements of:

- HLTAID003 Provide First Aid
- Yachting Australia and RYA and ISAF racing rules of sailing 2013-2016 Special Regulations 4.07.6;
- Australian State Maritime Training requirements for coxswain, master class 5 and complies with Australian National Training Authority (ANTA) TDM MF 10
- STCW 10 paragraph A-VI/1-3.

## Course Material

We provide the Marine First Aid course notes, manual and examination papers. Students are to provide a pen, note pad, lunch (shops nearby), sun protection and warm clothing.

## Topics covered in this Course

- ✓ All general First Aid topics; plus
- ✓ Injections and how to give them
- ✓ Radio medical protocols
- ✓ How to call for assistance afloat
- ✓ CPR in the marine environment
- ✓ Hypothermia treatment
- ✓ How to stabilise an injured crewman
- ✓ Burns and how to treat them
- ✓ How to suture wounds
- ✓ Patient evacuation by helicopter and marine
- ✓ Head injuries and concussion
- ✓ Treating falls from aloft
- ✓ Focus on common marine injuries
- ✓ Recommended contents of your medical kit

## Marine First Aid Assessments

All participants are required to competently complete the Marine First Aid practical and theory assessments. The Marine First Aid theory assessment includes a multiple choice theory paper at the end of the training.

## Marine First Aid Certification

On completion of this Marine First Aid course, participants will receive a certificate within 10 working days.

## Get started on your training

Call now to book on 02 9011 7911, email [enrol@trainingaidaustralia.com.au](mailto:enrol@trainingaidaustralia.com.au) or visit our website for full course timetable and details [www.trainingaidaustralia.com.au](http://www.trainingaidaustralia.com.au).